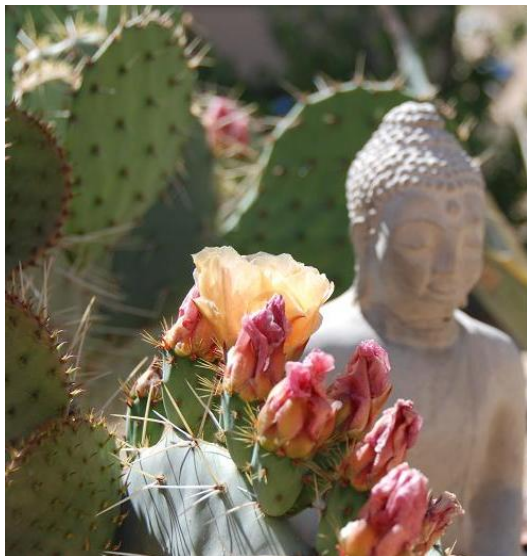


Presence through Movement with Kim Eng

Friday, April 29th through Monday, May 2nd, 2011

Joshua Tree Retreat & Conference Center, Joshua Tree, CA

Let go of who you think you are and you will realize who you are in your essence: the presence behind all thought, the stillness behind all motion.



Joining Kim Eng for this retreat will help you learn how to access inner stillness and sustain it in everyday life as you experience the joy that comes through an unconditioned dimension of consciousness.

Kim uses pointing-out instructions, meditation, and movement to access the formless, the state of consciousness that is presence. The Presence through Movement exercises that she uses include:

- * Yin Yoga poses, which help you slow down and focus your attention inward
- * Qigong, to stimulate and open the body's energy channels
- * Tai chi, a harmonious synthesis of action and stillness.

These practices activate life energy, clear energy blockages, and increase physical well-being and aliveness. The movements are gentle, enjoyable, and suitable for most people, regardless of age or physical fitness.

About Kim Eng

Kim Eng travels and works extensively with Eckhart Tolle, the author of the best-selling books, *The Power of Now* and *A New Earth*, taking his teaching around the world. She is Eckhart's



partner and associate. Born in Vancouver, Canada, Kim's spiritual search began in the early 1980's. She met Eckhart in 1998, and soon after, went through a transformational spiritual experience while attending one of his retreats. This was followed by seven years of intense spiritual training and unfoldment, after which she began counseling and showing others how to discover their own inner teacher and healer.

As a counselor and public speaker, as well as a facilitator of her "Presence through Movement workshops," Kim has developed her own teaching modality, which is aimed at the transformation of consciousness through the integration of spirit, mind and body. She sees our "God-nature" as living in and through our human bodies.

When we awaken from unconscious to fully conscious living, we are naturally aligned with our God-nature and thus bring into creation a new world.

"Kim brings a down-to-earth approach to spirituality that I find very refreshing. She has a great ability for bringing people back into the present moment, the place where all healing occurs and no problem can survive. My blessings go with her and all the people she touches. "

—Eckhart Tolle, author of *The Power of Now* and *A New Earth*

About Joshua Tree Retreat & Conference Center

We chose Joshua Tree Retreat Center as the location for the Presence through Movement Retreat with Kim Eng for many reasons. Besides the accessibility for a number of people, Joshua Tree Retreat Center has been the host of spiritual leaders and inspirational people over a number of years. The Joshua Tree Retreat, Conference and Wellness Center is a secluded, peaceful, desert getaway where the silence is so deep, that it awakens you. It is the oldest and largest retreat center in the western United



States; a unique architectural landmark on a 420 acre sacred site. The land, though desert, rests upon an aquifer, a running river, producing an intriguing magnetic effect on those who enter this ancient and sacred space.

Joshua Tree Retreat Center is unlike the more commercially oriented Hotels. They have created open spaces, sacred meditation locations, and serene vistas filled with native plants. It is their goal to blend and balance with your mission and needs. There are plenty of wonderful spots to explore...

Location:

Joshua Tree Retreat Center
59700 29 Palms Highway
Joshua Tree, CA 92252

Distances from Los Angeles or Ontario Airports:

LAX - approximately 125 miles
Ontario - approximately 90 miles

What you can expect

Arrive is scheduled for the late afternoon, early evening of Friday, April 29th. You will be greeted by the Eckhart Teachings staff and will be given the information you will need to get settle into your room. You will also receive a schedule of when the sessions are to start, and when we will be meeting in the dining lounge for meals. The first session will begin after dinner on Friday evening.

Saturday and Sunday will have 2 sessions each – one in the morning and the other in the afternoon. There will be meditation, silent and guided, a discourse by Kim and body movement exercises in most sessions.

The final session will be held on Monday morning. We will be holding all sessions in the Sanctuary (site map will be given to you on arrival). We will be sitting on the floor, on mats. Chairs can be made available for those who would prefer/need a change in position. Being that we will be spending some time seated on the floor, please bring your yoga mat, and cushions or bolsters to make you more comfortable.

We will be serving 3 meals a day (Saturday and Sunday), with dinner on Friday and breakfast on Monday. There will be plenty of choice for dietary requirements. Jeremy Peckham will be returning as the Chef nourishing us for the Presence through Movement retreat.

Accommodation information:

Joshua Tree Retreat Center housing is simple and comfortable. Heating and air in all rooms. Accommodations are all within easy walking distance to classrooms and dining. To help encourage your relaxation, rooms do not have televisions or phones. WiFi is available in most locations. Though some rooms have kitchenettes, no cooking allowed in rooms. In sharing scenarios, women and men will be kept separate unless a couple registers for a double occupancy room.

SINGLES

Singles: \$1,015/Person

Ridge Cottages

A Ridge Cottage is a charming, private room with two twin beds and private bath. Built by Frank Lloyd Wright and son, its unique shape and avant-garde design is a treat to your senses. Bed linens, pillow, blanket, soap, and towels are provided. You may wish to bring extra blankets. These cottages are fully heated, and air-conditioned. Has a small patio to sit and enjoy the serene desert view. Used as a single, or shared with a second guest.

Private Bath

Patio

Heat and A/C

DOUBLES

Doubles: \$915/Person

Apartments & Studios *or*

Caravansary Rooms (see description below)

Our spacious one bedroom apartments have a separate main living space, kitchen and bath. Sleeping arrangements will vary depending on floor plan. All apartments have at least one queen bed and a single twin in the large bedroom space. Each apartment has its own private bath, and patio with views of gardens or desertscape. These apartments are fully heated and air-conditioned. Our studios are large and spacious with one queen bed and twin (number of twins may vary). All studios have their own private bath and patio. They are fully heated and air-

conditioned. Bed linens, pillow, blanket, soap, and towels are provided for both apartments and studios. You may wish to bring extra blankets.

TRIPLES and QUADRUPLES

Triples/Quadruples: \$845/Person

Caravansary Rooms

Our Caravansary rooms are named after the Egyptian caravans that crossed the desert centuries ago. Built and designed by Frank and son Lloyd Wright, these large and spacious motel-like units sleep up to 3-4 participants in each room. Most rooms have a beautiful natural stone wall, and private baths. They are fully heated and air-conditioned. Bed linens, pillow, blanket, soap, and towels are provided. You may wish to bring extra blankets.

DORMITORIES

All beds: \$790/Person

Women's Dorm: Our dorm accommodations provide an opportunity to meet people from all over the world. Our Women's dorm is a large and spacious room, sleeping 13. This room has 8 showers and 5 restrooms. The room is fully heated and air-conditioned. Bed linens, pillow, blanket, soap, and towels are provided. You may wish to bring extra blankets.

Men's Dorm: Our Men's dorm is uniquely designed by Frank Lloyd Wright and son Lloyd. This large and spacious, tiled room has beautiful stone walls and a fireplace. It has 4 showers and 2 restrooms. The rooms are fully heated and air-conditioned. Bed linens, pillow, blanket, soap, and towels are provided. You may wish to bring extra blankets.

We have designated 13 spaces for men and 13 spaces for women in the dorm facilities.

Cancellation Policy

Anyone requiring to cancel a registration can do so. Please review the cancellation policy thoroughly.

At 90 days prior to the event (before January 28/11), you are eligible for a full refund.

At 60 days prior to the event (between February 28th and March 30th, 2011), you are eligible to receive a 50% refund.

At 30 days prior to the event (March 31st, 2011 and after), there will be no refunds.

*a \$25 administration fee will be withheld on all refunds