

GlideWing Online Workshops

January 19 - February 17, 2019

**The Conscious Heart:
A Monroe Institute Online Course**
with Paul Rademacher

February 2 - March 3, 2019

**Living Quantum Spirituality:
The Journey to
Quantum Enlightenment**
with Amit Goswami, Ph.D.

February 16 - March 10, 2019

**The Truth That Sets You Free:
Discovering Your Inner Wisdom
Through Practices of
Dream and Sleep**
with Tenzin Wangyal Rinpoche

February 23 - March 17, 2019

**Mindfulness Meditation
A Monroe Institute Self-Guided
Online Course**
with Charles T. Tart, Ph.D.

March 2 - 24, 2019

**The Lucid Dreaming Intensive:
Awakening to a New Reality
A Monroe Institute Online Course**
*with Luigi Sciambarella and
Thomas Hasenberger*

March 30 - April 21, 2019

**Tibetan Meditation:
The Nature of Mind**
with Tenzin Wangyal Rinpoche

March 30 - April 28, 2019

**Lucid Dreaming and Living Ludily:
Gateway to the Inner Self**
*with Robert Waggoner,
Gillian Thetford and Ed Kellogg, Ph.D.*

April 20 - May 12, 2019

**Emotional Healing:
Transforming Attachment,
Anger and Indifference**
with Laura Greenwood, Ph.D.

April 20 - May 12, 2019

**Our Incredible Journey:
Life, Death and Beyond
A Monroe Institute Online Course**
with William and Susan Buhlman

May 4 - June 2, 2019

Acupressure Healing Meditations
with Michael Reed Gach, Ph.D.

May 11 - June 9, 2019

Tibetan Dream Yoga
with Tenzin Wangyal Rinpoche

May 18 - June 9, 2019

**The Magical Path:
A Practical Guide to Mastering
the Power of Intention
A Monroe Institute Online Course**
with Marc Allen

June 8 - 23, 2019

**Developing Intuition:
A Monroe Institute Online Course**
with Patty Ray Avalon

June 29 - July 21, 2019

Healing From the Source
with Tenzin Wangyal Rinpoche

August 10 - September 1, 2019

**Tibetan Sound Healing:
The Five Sacred Warrior
Seed Syllables**
with Tenzin Wangyal Rinpoche