

# GlideWing Online Workshops

October 20 - November 11, 2018

**Lucid Dreaming Intensive  
Awaken to a New Reality**

**A Monroe Institute**

**Online Course**

*with Thomas Hasenberger  
and Luigi Sciambarella*

October 27 - November 18, 2018

**Effortless Being**

**Meditations for Freedom, Joy  
and Peace in the Midst of Life**

*with Peter Russell*

November 3 - 25, 2018

**The Magical Path:**

**A Practical Guide to Mastering  
the Power of Intention**

**A Monroe Institute**

**Online Course**

*with Marc Allen*

November 3 - December 2, 2018  
**Lucid Dreaming and Living Lucidly:**

**Gateway to the Inner Self**

*Robert Waggoner, Gillian Thetford  
and Ed Kellogg*

November 10 - December 2, 2018

**Our Incredible Journey**

**Life, Death and Beyond**

**A Monroe Institute Online Course**

*with William and Susan Buhlman*

November 17 - December 16, 2018

**Tibetan Dream Yoga**

*with Tenzin Wangyal Rinpoche*

December 1 - 16, 2018

**Developing Intuition:**

**Awakening Your Intuitive Abilities**

**A Monroe Institute Online Course**

*with Patty Ray Avalon*

January 5 - 27, 2019

**Awakening the Sacred Body:**

**The Tibetan Yogas**

**of Breath and Movement**

*with Tenzin Wangyal Rinpoche*

January 12 - February 3, 2019

**Opening to the Infinite:**

**The Art and Science of**

**Remote Viewing and**

**Non-Local Consciousness**

*with Stephan A. Schwartz*

January 12 - February 3, 2019

**Opening Inner Doorways:**

**The Ancient Art of**

**Shamanic Journeying**

*with Kenn Day*

January 26 - February 17, 2019

**DreamSynergy:**

**Learning to Find Meaning and**

**Guidance in Your Dreams**

*with Justina Lasley*

February 16 - March 10, 2019

**The Truth that Sets You Free:**

**Discovering Your Inner Wisdom**

**Through Practices of Waking**

**and Sleeping**

*with Tenzin Wangyal Rinpoche*

March 30 - April 21, 2019

**Tibetan Meditation:**

**The Fivefold Teachings**

**of Dawa Gyaltzen**

*with Tenzin Wangyal Rinpoche*

April 20 - May 12, 2019

**Emotional Healing:**

**Transforming Attachment,**

**Anger and Indifference**

*with Laura Greenwood, Ph.D.*