

Baked Sweet Potatoes

- Preheat the oven to 350 degrees Fahrenheit/177 degrees Celsius.
- Wash 2 medium size sweet potatoes and place them in the middle of the oven tray for 40min or until soft.
- Remove from the oven and cut the potatoes in half. You can drizzle them with some extra virgin olive oil or coconut oil.
- Use Coleslaw Salad from the Salad bar as a topping