

# GlideWing Online Workshops

January 19 - February 17, 2019  
**The Conscious Heart:  
A Monroe Institute Online Course**  
*with Paul Rademacher*

February 17 - March 11, 2018  
**The Truth That Sets You Free:  
Discovering Your Inner Wisdom  
Through Practices of  
Waking and Sleeping**  
*with Tenzin Wangyal Rinpoche*

January 26 - February 17, 2019  
**Dream Synergy:  
Learn to Find Meaning and  
Guidance in your Dreams**  
*with Justina Lasley*

February 2 - March 3, 2019  
**Living Quantum Spirituality:  
The Journey to  
Quantum Enlightenment**  
*with Amit Goswami, Ph.D.*

March 2 - 24, 2019  
**The Truth That Sets You Free:  
Discovering Your Inner Wisdom  
Through Practices of  
Dream and Sleep**  
*with Tenzin Wangyal Rinpoche*

March 2 - 24, 2019  
**The Lucid Dreaming Intensive:  
Awakening to a New Reality**  
**A Monroe Institute Online Course**  
*with Luigi Sciambarella and  
Thomas Hasenberger*

March 30 - April 21, 2019  
**Tibetan Meditation:  
The Nature of Mind**  
*with Tenzin Wangyal Rinpoche*

March 30 - April 28, 2019  
**Lucid Dreaming and Living Ludily:  
Gateway to the Inner Self**  
*with Robert Waggoner, Gillian Thetford  
and Ed Kellogg, Ph.D.*

April 20 - May 12, 2019  
**Emotional Healing:  
Transforming Attachment,  
Anger and Indifference**  
*with Laura Greenwood, Ph.D.*

April 20 - May 12, 2019  
**Our Incredible Journey:  
Life, Death and Beyond**  
**A Monroe Institute Online Course**  
*with William and Susan Buhlman*

May 11 - June 9, 2019  
**Tibetan Dream Yoga:  
The Nature of Mind**  
*with Tenzin Wangyal Rinpoche*

May 18 - June 9, 2019  
**The Magical Path:  
A Practical Guide  
to Mastering the  
Power of Intention**  
*with Marc Allen*

June 8 - 23, 2019  
**Developing Intuition:  
A Monroe Institute Online Course**  
*with Patty Ray Avalon*